



# Invisalign Information and Consent

Invisalign treatment results and timeliness are dependent on the quality of the product from Align Technology (1.4 million cases, 97% patient satisfaction), the experience of your dentist and your level of participation in this process.

We need your permission to use all the components of the Invisalign system, as well as your commitment to full time wear of the aligners.

### *Attachments*

For certain types of movements aligners can lose their grip on a tooth and fail to get the desired tooth movement. To overcome this, Align Technology custom designs small tooth-coloured bumps that are temporarily and precisely bonded to some teeth to improve the effectiveness of the aligners. A small bubble in your aligner will correspond precisely to each of these attachments.

Attachments are not invisible, however they are not too noticeable from conversation distance. They are more noticeable on the upper front teeth but that is also where we want great finish detail.

- I agree to attachments on any teeth as needed*
- I do not agree to attachments on the following teeth. Of course, teeth selected will not get the full benefit of the Invisalign system. Please mark "x" on any teeth that you do not want attachments placed.*

|              |                     |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|--------------|---------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
|              | <b>Right   Left</b> |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| <b>Upper</b> | 8                   | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| <b>Lower</b> | 8                   | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|              | <b>Right   Left</b> |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |

### **IPR:**

Interproximal Reduction (IPR) is filing between your teeth to create up to a quarter of a millimeter of space per tooth surface. Since this is the thickness of a few pieces of paper it is generally not even noticeable. The filing is usually done with a thin strip of metal that has fine diamond particles. Dentists use this to polish fillings between teeth so it will feel like we are polishing in between your teeth with floss that is gritty.

IPR is very valuable because:

- A small amount of IPR on a number of teeth can create space needed to correct crowding without extracting any teeth
- IPR reduces friction between tight teeth facilitating movement.
- IPR can render better tooth shape and broader contact between teeth. This may be more stable, more aesthetic and even periodontally healthier.
- IPR may help avoid extractions as an alternative to create space.

## ***Your Commitment to Aligner Wear***

Tooth movement is a biological process stimulated by very light force (200 grams). However efficient tooth movement requires that the light force be as continuous as possible.

We have learned from our patients that full time wear is easier than episodic wear. There are several reasons for this:

- When you wear aligners all the time, you get used to them. With episodic wear you subject yourself repeatedly to acclimation.
- When aligners are worn full time, the bite changes temporarily. Each tooth may not fully touch or front teeth may hit prematurely when the aligners are out. So it is more comfortable with aligners in than out.
- Part time wear will result in the aligners fitting progressively less well, meaning they will not be as comfortable, not look as good nor work as effectively. Full time wear (22hours/day) means the aligners will continue to fit great, look nearly invisible, remain comfortable and produce the desired tooth movement.

Please initial here if you will commit to just taking the aligners out for meals and brushing.

Please initial here if you prefer getting some improvement with part time wear, but not the ideal results.

## ***Invisalign Full conditions and costs***

- ✓ The simulation is only a guide to what we can expect and not a guarantee that will be achieved. Compliance and looking after your aligners well can help.
- ✓ Aligners should be worn for at least 22 hours out of 24 to achieve the best results.
- ✓ There are 3 complimentary refinements available if needed at the end of the first round of treatment. Not everyone needs refinement, but then again many people do need at least 1.
- ✓ Lost aligners cost \$300 to replace if replacements are needed.
- ✓ Treatment must be continuous and review appointments kept, or other fees may be payable to put things back on track due to non-compliance. If this non-compliance is for a period of more than 4 months, then full treatment fees may have to be charged again to start the case again.
- ✓ Invisalign Fee for your treatment is \$\_\_\_\_\_.
- ✓ Initial Payment of \$2000 is required at impression stage.
- ✓ Progress payments of \$\_\_\_\_\_ per set of aligners we issue is required throughout the course of treatment until the balance is cleared.
- ✓ No refunds can be given for cases that are not completed for factors outside our control.
- ✓ Retention is a separate process and fee to the invisalign and is crucial to keep your teeth in place. We recommend a retention protocol of 16 hours a day for the first 8 months and then night time wear indefinitely to be safe of having no relapse. Typically a set of vivera retainers costs \$500, but there are other options out there which we can discuss.
- ✓ In cases of personal or financial hardship, we may use our discretion to determine fair modifications to the above payment terms. Of course we aim to keep patients happy and will listen to any concerns and treat each case on its merits.
- ✓ We reserve the right to use our discretion in any of the above issues.

Signature \_\_\_\_\_ Print Name \_\_\_\_\_ Date \_\_\_\_\_

## ***Invisalign Lite conditions and costs***

- The simulation is only a guide to what we can expect and not a guarantee that will be achieved. Compliance and looking after your aligners well can help.
- Price includes 14 sets of aligners only.
- Extra sets of aligners can be purchased in groups of 5 at the rate of \$1000 per group of 5.
- Aligners should be worn for at least 22 hours out of 24 to achieve the best results.
- Lost aligners cost \$300 to replace if replacements are needed.
- Treatment must be continuous and review appointments kept, or other fees may be payable to put things back on track due to non-compliance. If this non-compliance is for a period of more than 4 months, then full treatment fees may have to be charged again to start the case again.
- Invisalign Fee for your treatment is \$\_\_\_\_\_.
- Initial Payment of \$2000 is required at impression stage.
- Progress payments of \$\_\_\_\_\_ per set of aligners we issue is required throughout the course of treatment until the balance is cleared.
- No refunds can be given for cases that are not completed for factors outside our control.
- Retention is a separate process and fee to the invisalign and is crucial to keep your teeth in place. We recommend a retention protocol of 16 hours a day for the first 8 months and then night time wear indefinitely to be safe of having no relapse. Typically a set of vivera retainers costs \$500, but there are other options out there which we can discuss.
- In cases of personal or financial hardship, we may use our discretion to determine fair modifications to the above payment terms. Of course we aim to keep patients happy and will listen to any concerns and treat each case on its merits.
- We reserve the right to use our discretion in any of the above issues

Signature \_\_\_\_\_ Print Name \_\_\_\_\_ Date \_\_\_\_\_

### ***Refinement:***

At the end of treatment, we may order further aligners for ensuring that the outcome with your smile is as close to being perfect as possible. With a "Full Invisalign case", there are three refinements available for free if ordered within 6 months of finishing the initial treatment. With a "Lite Invisalign Case", only one refinement of upto 5 aligners can be purchased at an extra cost.

- I understand there is a charge for additional sets of aligners ordered after your treatment has been completed and that there is a time limit for ordering more aligners.*

***Retention:***

At the end of the treatment, we recommend the use of retainers or else the teeth will shift and move back to the original position. We recommend "VIVERA RETAINERS" which can be purchased at an extra cost. They are a set of three retainers for each arch and every retainer has to be worn for 4 months.

*I understand, teeth can shift if retainers are not used enough to keep them fitting and that there are charges for extra retainers and for treating relapse.*

Signature \_\_\_\_\_ Print Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City/State \_\_\_\_\_ Postcode \_\_\_\_\_

