Dental implants offer an effective and predictable way to replace teeth. Function, aesthetics and phonetics are regained. The long-term success clinically and aesthetically depends upon the appreciation and management of the peri-implant tissues.

Factors contributing to predictable osseointegration include: (Tagliareni JM., Clarkson E., 2015):
- Atraumatic surgery
- Placement of the implant with initial stability
- Immobility of the implant

It is the responsibility of the dentist to address the patient’s concerns, fears and expectations and outcome of treatment. Managing expectations is critical to achieve realistic outcomes for both the dentist and the patient. “Patients should be informed of the spectrum of potential complications and maintenance issues that can occur with implant-borne prostheses and informed of the biological consequences and associated future costs (Lewis MB. and Klineberg I., 2011)”.

The pre-operative assessment should include:
- Chief presenting complaint
- Medical history and risk assessment
- Dental history
- Intraoral evaluation – hard and soft tissues, jaw relationships, parafunction
- Diagnostic casts and photographs
- Radiographic examination – pre-surgical imaging allows clinicians to determine quality and quantity of available bone.

“The clinical examination should take account of oral hygiene and periodontal status, evaluation of the remaining dentition, malocclusion or crowded or rotated teeth, incisal opening, vertical dimension, interarch space, TMJ examination and width of available bone at the edentulous site” (Barber P. and Seckinger RJ., 2000).

At the time of the examination the charting should include (Klein M., 2001):
- Status of remaining teeth
- Mobility
- Furcations
- Periodontal probing depths
- Keratinised tissue
- Interarch space
- Distance between the teeth
- Ridge width
- Supra-eruption
- Tilted teeth
- Occlusal/incisal plane
- Smile line
- Appearance of soft tissue in the smile
- Number of teeth in a wide smile
- Aesthetics of existing teeth
- Presence of any infection

The predictability of the aesthetic outcome of an implant restoration depends on: (Jivrai S. et al., 2013):
1. Patient selection and smile line
2. Tooth position
3. Root position of the adjacent teeth
4. Biotype of the periodontium and tooth shape
5. Bone anatomy of the implant site

Researchers have studied when implants have been placed adjacent to natural teeth and implants placed next to each other (Tarnow DP et al., 1992). It was observed that it was challenging to obtain an interdental papilla when the implants were placed less than 3 mm apart. Implants should be placed at least 3 mm apart to minimise the loss of vertical bone height. Achieving or creating soft tissue interdental papilla in the aesthetic zone is not a predictable outcome. The shape of clinical crowns which have longer contact areas will improve the appearance and may be considered an option.

The following two cases have successfully achieved functional and aesthetic results in the replacement of anterior teeth which were extracted due to trauma.

CASE I
The patient presented to the surgery after a football accident when he was knocked in the mouth (Fig.1). The trauma and pain caused the patient to present to the local hospital for pain relief. Upon attendance at the surgery, the patient complained of severe pain and sensitivity to cold and air. On examination there was a crack in the tooth which had occurred at an angle and was inclined towards the root of the tooth. An OPG was taken (Fig.2).

The patient was advised that the tooth was unable to be saved. As a result of potential bone infection, the patient was advised to seek prompt treatment as, if the tooth was left for too long, bone could be lost. A warning was given that some type of graft may be required.

Various treatment options and costings were presented to the patient:
1. Bridge
2. Partial upper chrome
3. Implant

After the treatment plan discussions, the patient opted to have the implant. The relevant literature from the ADA was given to the patient.
PROCEDURES:

1. Implant placement

Scandonest 3% was employed with 1.8ml buccal infiltration and Articaine 4% 1:100,000 adrenaline 1.8ml buccal infiltration and 1.8ml palatal infiltration.

An alginate impression was taken to make an Essix retainer with a tooth. Elevators and forceps were used to remove 11. The bone was prepared for placement of an implant into 11 socket. The implant placed was IA43-12d-13 4.3 mm X 13 mm TRI-NEX CO-AXIS 12 degree angled (LOT 084D04d2n02) which was torqued to 50Ncm. A 3.5 X 3.0 mm WIDE healing abutment was placed. Bio-Oss .25g graft was placed around the implant and into the socket to keep the ideal gum shape. The Bio-Oss and top of the implant were covered with Cytoplast™ GBR-200 membrane to help keep the bone graft material intact. The socket area was sutured to keep the membrane in place (Fig.3).

The patient was asked to avoid eating anything hard or crunchy for the next week or so.

2. Stabilisation

This was scheduled for 2 months after the implant had been placed.

An impression of the implant was taken without the need for local anaesthetic. A shade was taken -2M1 2M2 2M3. (Fig.4a and 4b).

3. Insertion of provisional crown

Local anaesthetic was used Articaine 4% 1:100,000 Adrenaline 1 ml buccal infiltration palatal infiltration quadrant 1.

The healing cap was removed and a temporary crown placed on 11 to 32Ncm (Fig.5).

The access hole was filled using silicone tape. Metal primer Surpass® 2 and 3 (self-etching bonding system) and CLEARFIL MAJESTY™ Flow A2 G-aenial™ P-A2.

The occlusion was checked, adjusted and polished. Post-operative Panadol was advised.

4. Definitive crown placement – step 1

A new impression was taken two months later. The gum had remodelled nicely around the gingival margin. Once the temporary crown was removed, the top of the implant was cleaned and the surrounding gum was irrigated with Savacol. A 3.5 mm impression coping was used to take an impression with AFFINIS® heavy and light body silicone. The temporary crown was reinserted and the access hole filled with silicone tape, surpass and A2 flowable and polished.

5. Final crown placement – step 2

The shape of the crown was evaluated at the beginning of the visit. The patient and the dentist were happy with the shape and shade of the crown. The new implant abutment crown was screwed in to 35Ncm and the crosspin tightened (Fig.6).

At a subsequent appointment, the opposing 42 was adjusted by 0.5 mm. Tooth 42 was anesthetised with Articaine 4% 1:100,000 Adrenalin 1.8 ml by buccal infiltration and lingual infiltration in the 42 area. The 42 was checked and adjusted to ensure that the 42 was not hitting hard on the 11 crown.

The following day, an immediate partial upper denture was issued with the normal post-operative instructions.

CASE II

The patient presented after an accident when he was hit in the mouth with a generator handle. He had smashed his front teeth. The upper lip was swollen and had been heavily sutured. (Fig.7).

The dentist suspected root fracture of the 21 probably half way up the root. The 11 was deemed to have a dubious prognosis. It was deemed that exodontia was probable. The lower anterior teeth had been chipped and required restorations and on one of the teeth the pulp was exposed.

Upon radiographic examination, the 21 had a fracture half way up the root and 11 was deemed to also need exodontia. Initial stabilisation occurred with a removable partial denture. Long-term, the patient was advised to consider implants with two crowns.

CLINICAL PROCEDURE

Exodontia of 11, 21 with Articaine 4% 1:100,000 Adrenaline 9mls Buccal and palatal infiltration quadrant 1 and 2. 11 and 21 were removed using elevators and forceps. 21 snapped off and had to be fished out with a size 70 endodontic file. Surgicel was placed in the sockets to help haemostasis and Panadol was given to take home. Impressions were taken for an immediate partial upper denture.

The following day, an immediate partial upper denture was issued with the normal post-operative instructions.
CLINICAL PLACEMENT OF IMPLANTS
Three months later implants were placed. 3.6 cc Lignospan was delivered by infiltration in the 12, 22 area. The incision was made in the gum and pushed back from the bone. A precision drill was used, then a twist drill and then a preparation drill. Implants were inserted into 11 and 21.

IA-LH-35-11.5 3.5mm X 11.5mm Tri-Nex Titanium Implant LOT: 260A02/2 and 13283d2. 3mm healing caps were placed. The implants were torqued 21 to 30Ncm and 11 to 42Ncm. The surgical site was sutured with Vicryl rapide 4/0 suture. The denture was adjusted to fit over the implants.

Postoperatively, the patient was given Panadine Forte tablets 2 tablets 4 hourly PRN and Amoxil 20 tablets 500mg 1 tablet 3 times a day for a maximum of 7 days. One week later the partial denture was adjusted.

IMPRESSION PROCEDURE
Articaine 4% 1:100,000 Adrenaline 1.8mls buccal infiltration in quadrant 1 and 2. The healing caps were removed and a shade taken. The impression copings were screwed down and an impression taken with Affinis heavy and light body (Fig.8).

Shade selection was performed at this appointment (Fig.9). The healing abutments were replaced. A lover impression was taken with an occlusal registration.

FINAL ISSUE OF CROWNS
Articaine 4% 1:100,000 Adrenaline 1.8mls buccal infiltration quadrant 1 and 2. The healing caps were removed and the abutments were screwed into the implants to 32Ncm. Silicone tape was placed over the access hole and the crowns cemented using Fuji cement (Fig.10).

The occlusion was checked to ensure that there was no heavy loads placed on the implant crowns from the other teeth, then the restorations were polished.

Final crowns are shown in situ in Fig.11.

Southern Cross Dental would like to thank Dr Lincoln Harris, Bundaberg, Queensland for provision of these clinical cases.

BIBLIOGRAPHY

Straumann and Sirona collaborate to offer dental practices and labs a broader range of CAD/CAM prosthetic options

Straumann and Sirona Dental Systems have signed a collaboration agreement that enables dental practices to produce individualized implant prosthetics chairside using Straumann Variobases supported by Sirona's CEREC system. At the same time, Sirona lab customers will be able to use Straumann's centralized milling option as a 'trusted partner' in the Sirona inLab workflow.

Straumann is the leading manufacturer of dental implants for which it offers a comprehensive range of abutments to connect the implant with the prosthetic crown, bridge or denture. The company also offers high-precision CAD/CAM prosthetics that are produced at its milling centres and can be ordered through its open software platform.

CEREC is the leading chairside CAD/CAM system offering solutions for restorations, orthodontics and implantology. In the latter category, CEREC has introduced innovative workflows allowing for the chairside production of customized implant abutments and crowns.

In recent years, there has been a marked increase in the popularity of simple titanium-bonding-base abutments (TiBases). Straumann has responded to this trend by introducing its Variobase family of abutments with original connections, which now includes a specially designed Variobase for CEREC users. Sirona's CEREC system enables dentists and dental labs to produce a variety of cost-effective TiBase CAD/CAM prosthetics for implants chairside.

Marco Gadola, CEO of Straumann commented: ‘Our aim is to ensure that patients with Straumann implants also receive prosthetics with Straumann original connections, which are produced to our specifications, fit perfectly and are covered by our warranty. We are pleased that we can now offer CEREC users this option with Sirona's support as well as the possibility for Sirona inLab customers to conveniently order high-end prosthetics from our milling centres in Germany, the US, Japan and Brazil.'

Straumann Variobases for CEREC are now available in Europe, North America, Australia and New Zealand, with other countries to follow pending regulatory approvals. In the near future, Straumann expects to launch a new version with an optimized emergence profile which is compatible with existing material blocks used in the CEREC system. After an update of the CEREC software expected in early 2016, will be fully supported by the CEREC workflow for individualized abutments.

In a second agreement, the companies have settled mutual patent disputes, allowing Sirona to continue offering its own existing TiBase design for Straumann implants and permitting Straumann to use Sirona's mirror anatomy software functionality for designing prosthetic teeth in its CAD/CAM CARES Visual software.