MOUTHGUARDS



Mouthquards should be worn during playing and training for any sport which could possibly contact the facial structures. The Australian Dental Association Inc (ADA) advises only using a professionally custom-made and custom-fitted mouthquard. Southern Cross Dental offers a wide range of colours and designs to choose from.

Colour Chart





* Thickness: Transparent blank 2.0, 3.0, 4.0, 5.0 mm; Colour blank only 3.0 mm *Photos for illustration purposes only. Colours may vary. Colours and labels attract extra charges.



Specifications







Thickness 3mm

Applications Low impact sports (for ages 5-12).

Examples include:

Speed skating, volleyball, soccer, little league sports.

NOTE: Available in single colour only.

Standard







Applications Non-contact sports (adults).

Examples include:

Intense cycling, rock climbing and weightlifting.

Professional





Thickness 6mm + 3mm

hard labial insert

Applications

Heavy contact sports where hard, pointed blows may be received by the jaw.

QUEST

Examples include:

Hockey, rugby, boxing and wrestling.



