

# MOUTHGUARDS

Mouthguards should be worn during playing and training for any sport which could possibly contact the facial structures. The Australian Dental Association Inc (ADA) advises only using a professionally custom-made and custom-fitted mouthguard. Southern Cross Dental offers a wide range of colours and designs to choose from.

## Colour Chart



White



Black



Yellow



Orange



Red



Pink



Lilac



Blue



Silver



Gold



Neon-Green



Neon-Yellow



Neon-Red

\* Thickness : Transparent blank 2.0, 3.0, 4.0, 5.0 mm; Colour blank only 3.0 mm  
\*Photos for illustration purposes only. Colours may vary. Colours and labels attract extra charges.



YBY



WBW



RBR



BRY



BWR



RGB



Glitter-Yellow



Glitter-Orange



Glitter-Pink



Glitter-Purple



Glitter-Blue



Glitter-Green

## Specifications

### Junior

ALSO AVAILABLE IN QUEST



**Thickness**  
3mm

**Applications**  
Low impact sports  
(for ages 5-12).

**Examples include:**  
Speed skating, volleyball, soccer, little league sports.

### Standard

ALSO AVAILABLE IN QUEST



**Thickness**  
5mm

**Applications**  
Non-contact  
sports (adults).

**Examples include:**  
Intense cycling, rock climbing and weightlifting.

### Professional

ALSO AVAILABLE IN QUEST



**Thickness**  
6mm + 3mm  
hard labial  
insert

**Applications**  
Heavy contact sports  
where hard, pointed  
blows may be received  
by the jaw.

**Examples include:**  
Hockey, rugby, boxing and wrestling.